

GO HOME ROUTINE

FOLLOW THIS ROUTINE FOR THE FIRST 2 WEEKS YOUR DOG IS BACK HOME WITH YOU TO ENSURE A SMOOTH TRANSITION.



RFRD
ACADEMY

Daily:

7:00 AM - 7:30 AM

Wake Up and Potty Time

Work on sit, heel, and place for 10-15 minutes in the house.

Place your dog back in the crate with crate fully closed and covered. If you choose not to use the crate, please place your dog in a designated area that can be their personal space. This is an area where they can tune off and they do not have open access to the house.

11:30 AM - 12:00 PM

Potty Time

Work on engagement for 10-15 minutes in the house.

Free play for 20-30 minutes for physical stimulation.

Place your dog back in crate or designated area.

4:30 PM - 5:00 PM

Potty Time

Work on engagement, sit, down, and heel for 10-15 minutes in different rooms of the house.

Free play for 20-30 minutes.

Place your dog back in crate or designated area.

After dinner, have your dog out in a place command while you watch a movie, read or something of the sort. Break your dog every so often and reward, then place back in command of choice. If you do this while watching a game or show, use the commercial breaks as reward breaks.

8:30 PM - 9:00 PM

Potty Time

Spend 20 -30 minutes of quality time with your dog, like lots of pets, affection, and positive reinforcement to end the night.

Place your dog back in crate or designated area..

Command Bank:

Sit

means simply to sit

Down

means simply to lay down

Place

designated space like a cot to bed, means to hang out in that space. Dog can do anything they want as long as they stay in that designated place

Heel

means to walk by the owners side

Come

means to go from a location that isn't where the owner is to the vicinity of the owner

Break

release command, means the dog is done doing the command they were asked to and rewarded via pet and praise, food, or play

No

means no, that something is not acceptable.

Note: we do not use the command "stay" because "sit" means just that, "down" means just that, etc.

Your pet should be on their leash at all times so you can communicate with your dog easily and set boundaries for the next couple of weeks at home. Please work your dog in and around your home for the first few weeks until you are comfortable with your dog's commands.

Remember we are teaching our pets to better understand our rules and boundaries to be able to communicate with us better. Just like with kids we have to lead by example, clear direct communication, reinforce all the positives and call out and work through all the negatives.

Dogs, like humans, have good days and bad days. It's important that we do not give up due to frustration. Remember we always have the next hour, we always have tomorrow. Training is a life long process.

Work through the areas you need improvement and do not avoid. Most importantly, end each session on a positive note!